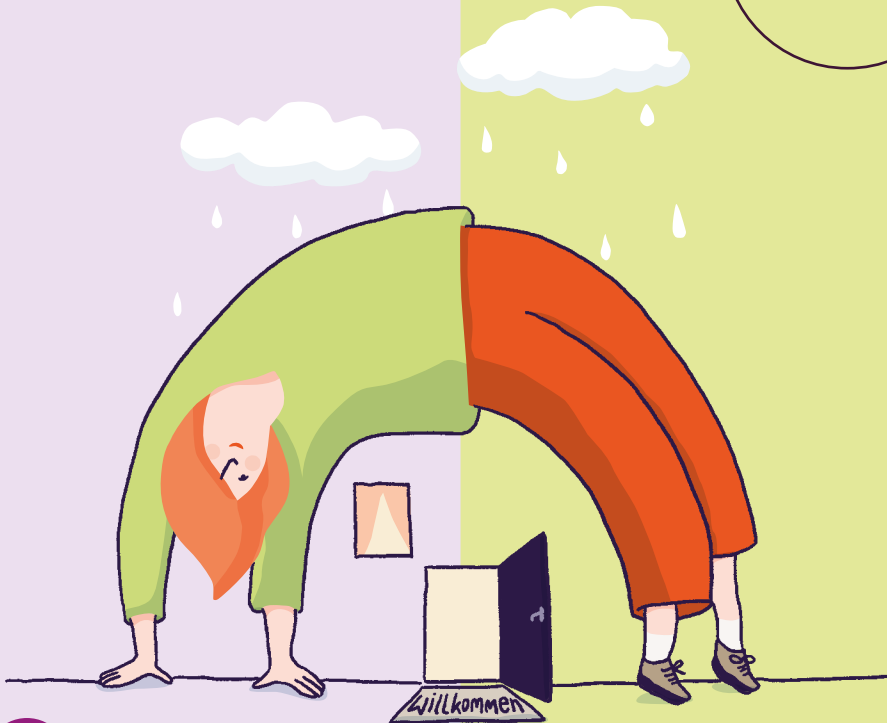


# What is a woman's shelter?

Brochure  
in English



FRAUENHAUS-  
KOORDINIERUNG e.V.



A women's shelter  
offers peace and quiet.  
It offers free counselling  
and support.

# ① What is a women's shelter?

A women's shelter is a safe place.

It's a place where women are protected from violence.

Many women in Germany experience violence.

Places where violence often happens are:

- in relationships or in the family,
- in care facilities
- at work.

# ② What is violence?

Examples:

- **Physical violence**  
beating or choking
- **Sexual violence**  
forcing someone to have sex
- **Psychological violence**  
shouting or threatening
- **Financial violence**  
not paying child support

### 3 What support does a women's shelter offer?

A women's shelter offers peace and quiet.  
It offers free counselling and support.

Here you can find out:

- How do I want to live in the future?
- What's best for me?

Many women's shelters also offer childcare.  
You choose to come to the women's shelter.  
And you decide how long you want to stay.

### 4 Do you need protection from violence?

Then you can live in a women's shelter.

To live in a women's shelter

- you don't need money
- or a residence permit for Germany.

Your children can also live in the women's shelter.  
The addresses of women's shelters are kept secret.  
Most other people don't know their addresses.

## 5 What do you need to bring to the women's shelter?

If you can, please bring clothes and your medicines. Also bring school supplies and toys for the children.

If you can, please also bring these documents:

- Identity cards and passports
- Residence permit and work permit
- Birth certificates and marriage certificate
- Health insurance cards and vaccination records

But you can come to the women's shelter without these documents.

# Call for help: 116 016



## How do I find a women's shelter?

You can find a women's shelter near you at [www.fh-suche.de](http://www.fh-suche.de)

Most women's shelters are available every day and, in emergencies, also at night.

You can also call **116 016** for help. Or you can visit one of the counselling centres near you.

A brochure from:

women's shelter coordination (Frauenhauskoordinierung)



This is their website:

[www.frauenhauskoordinierung.de](http://www.frauenhauskoordinierung.de)